For gentlemen and ladies: Neither shorts, T-shirts nor sneakers meet the norms of modesty.

For ladies and girls: Neither shorts, slacks, sleeveless, short nor low-cut dresses meet the norms of modesty.

Furthermore, according to apostolic custom or Church law, gentlemen are bareheaded in church; and ladies are requested to cover their heads.

Thank you for your charity.

“The bread that I will give, is my flesh.” (Jn 6, 52)

To receive Holy Communion:
- You must be a baptized Catholic, having made a good confession since the last committed mortal sin - if any - in order to hopefully be in the state of Grace.
- You must believe in the doctrine of Transubstantiation. “For anyone who eats and drinks without discerning the body eats and drinks judgment upon himself” (1 Cor. 11:29).
- You must observe one hour of Eucharistic fast (except water and medicine. However, we advise to abstain from food and alcohol for three hours and one hour for other liquid before Holy Communion).
- One must not be a public sinner (public adulterer, concubine, public homosexual), or excommunicated, or interdicted.
- The most important requirement is to have a great desire to receive the Body, the Blood, the Soul and the Divinity of our Lord Jesus Christ.

In this Church, the faculty to absolve sins is directly granted to the priests by the Holy Father.

“The LORD is in his Holy Temple; let all the earth keep silence before Him.” (Hab. 2, 20)
This Week the Sanctuary Lamp is lit by Marcia Gulledge for Special Intentions.

Please contact 850-842-2406 or sspxnwfl@gmail.com if you are interested in lighting the Sanctuary Lamp for a special intention. Donations are $15.00 and dedication slots are available.

Rev. Fr. Leonard Goffine's
The Church's Year

THIRD SUNDAY IN ADVENT

On this Sunday again, the Church calls on us to rejoice in the Advent of the Redeemer, and at the Introit sings:

INTROIT Rejoice in the Lord always; again I say, rejoice. May your modesty be known to all men: for the Lord is nigh. Be nothing solicitous; but in every thing by prayer let your requests be made known to God (Phil. 4). Lord, thou hast blessed thy land; thou hast turned away the captivity of Jacob (Ps. 84). Glory be to the Father.

COLLECT Incline Thine ear, O Lord, we beseech Thee, unto our prayers: and enlighten the darkness of our mind by the grace of thy visitation. Through our Lord.

EPISODE (Phil. 4:4-7). Brethren, rejoice in the Lord always; again I say, rejoice. May your modesty be known to all men. The Lord is nigh. Be nothing solicitous; but in every thing, by prayer and supplication with thanksgiving, let your petitions be made known to God. And the peace of God, which surpasseth all understanding, keep your hearts and minds in Christ Jesus our Lord.

What is meant by "rejoicing in the Lord"?

By "rejoicing in the Lord" is meant rejoicing in the grace of the true faith we have received, in the hope of obtaining eternal happiness; rejoicing in the protection of the most High under which we stand; and in the persecution for justice's sake in which Christ Himself exhorts us to rejoice, and in which the Apostle Paul gloried (II Cor. 7:4).

What else does St. Paul teach in this epistle?

He exhorts us to give all a good example by a modest and edifying life, to which we should be directed by the remembrance of God's presence and His coming to judgment (Chrysostom. 33, in Joann.); he warns us against solicitude about temporal affairs, advising us to cast our care on God, who will never abandon us in our needs, if we entreat Him with confidence and humility.

In what does "the Peace of God" consist?

It consists in a good conscience (Ambrose), in which St. Paul gloried and rejoiced beyond measure (II Cor. 1:12). This peace of the soul sustained all the martyrs, and consoled many others who suffered for justice's sake. Thus St. Tibertius said to the tyrant: "We count all pain as naught, for our conscience is at peace." There cannot be imagined a greater joy than that which proceeds from the peace of a good conscience. It must be experienced to be understood.

ASPIRATION The peace of God, that surpasseth all understanding, preserve our hearts in Christ Jesus. Amen.

http://www.sspxasia.com/Documents/The_Church_Year/Third-Sunday-of-Advent.htm